

## Home Group Questions - April 8, 2018

1. Try to think of the time in your life when you were the most thankful to another person you have ever been. What were you thankful for? What kinds of emotions were you feeling in that time?
2. Read Psalm 30 with your group
3. What are your original thoughts / questions about this Psalm?
4. In which verses does David show an attitude of thankfulness to the Lord?
5. The timeline for David's situation (as well as with many of the other Psalms) could look something like this:
  - David is in trouble
  - David cries to the Lord for help
  - The Lord delivers David from his trouble
  - David's "wailing turns into dancing"
  - David sings God's praises

Note that the end result is that God is glorified through David's thankfulness and praise. For the Christian, the goal of all situations is ultimately to bring glory to God.

How often do you think about bringing glory to God in your daily life? Why do you think it is that we don't often think about bringing glory to God in all of our circumstances?

6. Read verses 4 & 5 again. In what ways does scripture show us that God's "anger lasts only a moment, but his favor lasts a lifetime"?
7. Have you ever taken the time to ponder God's "favor"? What does it really mean to be in God's favor?
8. When we think about how much God has "favored" us, we certainly have a lot to be thankful for. What percentage of your prayer life would say consists of giving thanks to God?
9. Which of the following challenges is the one you'd be most willing to take on for the next month?
  - Say one prayer ONLY OF THANKS each day
  - Make an entry in a "gratitude journal" each day
  - Write and deliver at least two "Thank You" letters to people who have had a significant impact in your life
10. Pray with your group.